

TUESDAY MORNING GLORY ON 25TH OCTOBER, 2016
SERMON BY MRS. PENINAH BYARUGABA. PSALM 121

WHERE DOES MY HELP COME FROM?

- This Psalm was sang by worshipers as they were on their journey to Jerusalem to visit the temple to participate in the three great annual feasts, Passover, Pentecost and Tabernacles.
- Jerusalem was surrounded by mountains.
- This is a pilgrim song, which was sung by pilgrims to Jerusalem.
- We are pilgrim too, not to Mecca and not to Namugongo but heaven.
- It was written (the Psalm) during when Palestine was overrun with popular pagan worship.
- It was practiced at the Hilltops, shrines were set up trees, are their alters, prostitution was the order of the day.
- They would consult the sun, the moon for their fortunes, just like some of us do every morning in the horoscope.
- Their eyes would look only up to the Hills for the solutions of their problems.
- Is the sun hot, the moon, but the Psalmist looked beyond the mountains that surrounded Jerusalem
- He knew the journey was not going to be a smooth one, there are challenges, temperature will rise and fall, and they will grow weak and weary.
- Exhausted, fierce summer heat, wild animals bit where will the Help come from?
- From Baal, Asher, Sun, Priest, Moon priestess, No my help will come from God the Creator of all these Hills, Sun, Moon and the stars.
- Verse one is not a declaration of hope but rather it is a cry of despair.
- He knew what they were to encounter rough steep and scary days
- But he decided to trust in the Creator than the creation.
- Though the world knocks us down, we are not knocked out.

1. Because he is the source of Our Help

Verse 2- He is our Creator

Verse 3- He is our confirmer.

Verse 4- He is never off duty and His care is constant. God is not only bigger than the problem but he takes care of the problems.

2. The Strength of our Help

Verse 5- He protects us from our enemies, He is on the right Hand.

Verse 6- He protects us from the elements, sunstroke and moon stroke.

The sun was for the body, the moon was for the mental lunatic illness.

Both the body and mind were prone to attacks.

3. The security of our Help

Verse 7 – We are preserved from evil

Sing Isaiah 41:10 – Don't be afraid

Verse 8- We are preserved for eternity

The world will throw blocks to you, what will you use them for, as stumbling blocks or as

Building blocks? Choose.