

Benjas (0-5 years)

Date: _____ Name: _____

Lesson: ELIJAH ON MOUNT HOREB

Reference: 1Kings 19:1-18

Point: When we are discouraged in our Christian work (walk) we must trust that God will help us to carry out his plan.



Memory verse: Acts 17:24

The God who made the world and everything in it is the Lord of heaven and earth." (NIV)



After the contest at Mount Carmel, the prophets of baal were killed. Queen Jezebel swore that she would kill Elijah because he caused the death of the prophets of baal. Elijah was afraid and he run away. He felt sad, alone and wanted to die.

God sent an angel to take care of Elijah, feed him and encourage him. God also told Elijah that he was not alone; there were others who were faithful to God. God also told Elijah who to appoint to help him with his work.



Judges (6-7 years)

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Encouragement: When you feel sad, alone or discouraged, remember that God is with you, He cares and can help you. Ask for his help.



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Judeans (8-9 years)

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Point: When we are discouraged in our Christian work (walk) we must trust that God will help us to carry out his plan.

Read the full story from 1Kings 19:1-18

After the contest at Mount Carmel, Elijah had the prophets of baal killed. Jezebel, Ahab's wife, swore that she would kill Elijah for what he had done. Elijah was afraid and he run. As Elijah run, he felt discouraged, sad, alone and wanted to die. God came to Elijah, strengthened him, encouraged him, and reminded him that he was not alone.

When Elijah was discouraged in his work as a prophet of God – when it looked like he was the only one serving the one true God, God strengthened and encouraged him. God did this by sending an angel to feed him and let him rest. God also encouraged Elijah by speaking gently to him, telling him about others who were faithful to God and those who would help Elijah in his work. The Lord knew what Elijah was going through and graciously came to help him.

In the same way, we may sometimes feel alone or even be discouraged as we our lives as Christians. We might be mocked or looked down upon, but Elijah's story encourages us that we are not alone. God is with us and he cares. Also, there are many people throughout the world who are faithful to God. People who love the Lord, are living in obedience to God and are doing their best to please the Lord in all they do. The Bible tells us that God is always with those who trust Jesus (John 14:16). He is with us through the Holy Spirit. God cares, he can help and you are not alone.

Elijah was a prophet; he was calling people to turn away from worshipping false gods and turn to the one true God.

However, Elijah was discouraged in this work and run away. God told Elijah to go back to his work as a prophet and arranged for others to help him in his work.

We have a similar task to Elijah; God still wants those who know and believe in him to call others who do not know him yet to repent and believe in him. Sometimes this task is hard or discouraging, but God will help us to carry out his plans, just as he helped Elijah. So when you feel discouraged in telling others about Jesus, ask God for help.

When we are discouraged in our Christian work or walk, we must trust that God will help us to carry out his plans. And when we feel alone, we should remember that we are never alone. As long as we trust Jesus, God is always with us and there are others who believe.



Why did Elijah go to Mount Horeb? (19:10,14) Tick all the correct answers.

- Israel had rejected God's covenant
- Elijah was hungry
- Israel had killed the Lord's prophets
- Elijah felt he was the only prophet left
- Israel needed rain
- Elijah was afraid



What four things did Elijah witness at mount Horeb? (19:11-13)

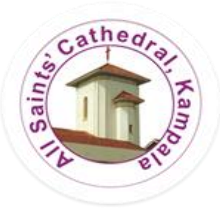
1	3
2	4

Encouragement: When you feel sad, alone or discouraged, remember that God is with you, He cares and can help you. Ask for his help.

Memory verse: Acts 17:24

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Bible reading for the week: 1Kings chapter 11 and 12



Bible Class (10yrs & above)

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- Israel needed rain
- Elijah was afraid



When do you feel alone as a Christian?

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